



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

Report on
School of Management and Commerce (SOMC)

A Sustainable wellness and Innovation

(In collaboration with NSS)

PWD Government Office, 6 civil line road, Gurugram, Haryana

Date and Time: Monday, 25 Nov, 2022

Venue: PWD Government Office, 6 civil line road, Gurugram, Haryana

Event Type: Extension Activity

Mode of activity: Offline

Target Group: Employees of PWD Government Office (External 17, Internal 14)

Event Coordinators: Dr. Ruchika Yadav (Associate professors SOMC) and Dr. Monika Yadav (Asst. professors SOMC)

Organized by:

The School of Management and Commerce at K.R. Mangalam University organized an extension activity where the topic "A Sustainable wellness and Innovation" in collaboration with NSS. The activity was conducted in PWD Government Office, 6 civil line road, Gurugram, Haryana to spread awareness about various sustainable goals & innovations.

Total 14 students of K.R. Mangalam University volunteered for the activity showing utmost support and dedication. According to Dr. Ruchika Yadav the use of technology in governance has been a major factor in India's growth story under the leadership of Prime Minister Modi. She briefed everyone about the book "The Wisdom Bridge". (The nine principles to a life that Echoes in the Heart of your loved ones given by Daadji).

Dr. Monika Yadav stated that Prime Minister Modi has introduced innovation in governance and made it technology-driven, quoting his remarks at the Second United Nations World Geospatial Information Congress-2022 in Hyderabad on November 11, 2022, where he stated, "Technology and talent are two pillars of the country's journey for development" and the PM emphasised on the importance of technology as an agent of inclusion in the country."

To disseminate more information, a participative interaction in the form of question and answers was conducted followed by a short meditation session from Heartfulness Organisation conducted by Dr. Ruchika Yadav, to ease the minds of the participants. At the end of the activity, feedback forms were distributed which recorded an overall positive feedback from the employees involved. The team of SOMC was invited to conduct more innovative programme in future.

Session was overall quite interactive since there was necessary discipline maintained throughout.

This entire activity was duly performed by the coordinators and volunteers with utmost zeal and dedication. Dr. Ruchika Yadav & Dr. Monika Yadav were awarded & appreciated by Power Works Department, Gurugram-An India Govt. Agency for conducting the event on sustainable wellness & innovation.


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As the event concluded, a feedback form and questionnaire were passed among the attendants to validate their overall experience which received a satisfactory and positive response since the audience seemed emotionally as well as mentally enlightened and had understood the information that was imparted by the speakers as well as the faculty members present there.



Photo 1- Members of PWD Department attending the session

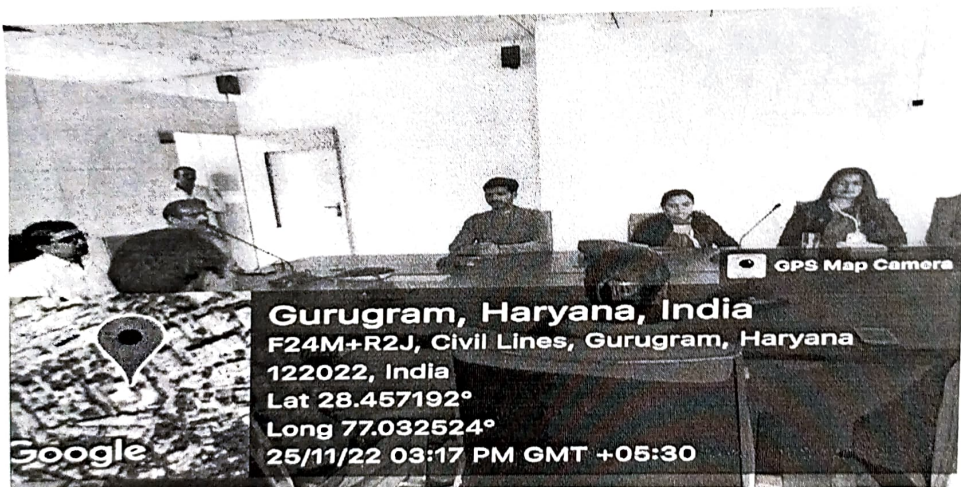


Photo 2- Dr. Ruchika along with other faculty Members carrying out a small session on Heartfulness Meditation.


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Photo3- On going session for Sustainable Wellness & Innovations



Photo 4- Dr. Ruchika Yadav & Dr. Monika Yadav at PWD Office along with Volunteers

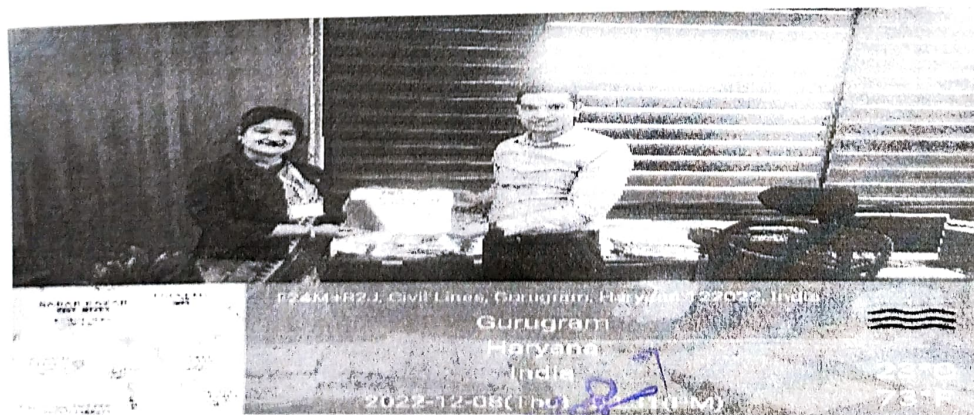


Photo 5- Dr. Ruchika Yadav, receiving award & appreciation by Executive Engineer, PWD Gurugram

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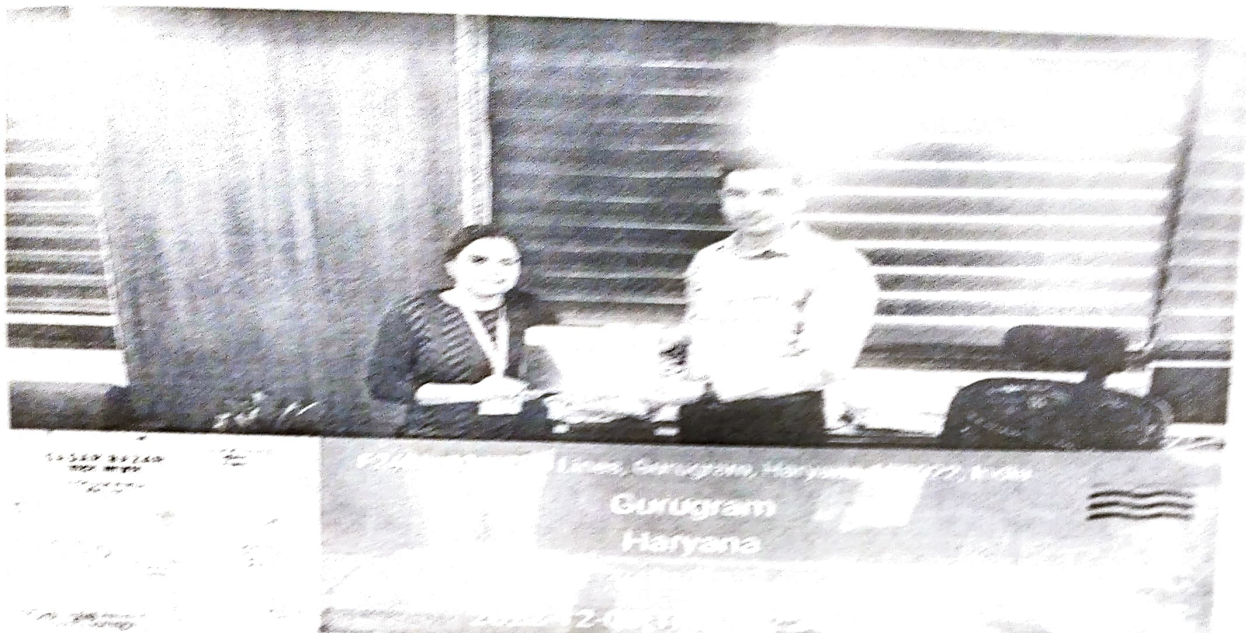



Photo 6- Dr. Monika Yadav, receiving award & appreciation by Executive Engineer, P.W.D. Gurugram


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School of Management and Commerce

Event Name: Sustainable innovation and wellness

Faculty Coordinators: Dr. Puchika and Dr. Monika

S. no	Name	Class	Signature	Phone No.	Feedback (5-1)
1	Rasveer		Rasveer	9818090831	5
2	Naina Singh		Naina	9540397816	5
3	Jagriti Mishra		Jagriti	962507806	5
4	Shreya Agarwal		Shreya	9873732111	5
5	Rashmi Mishra		Rashmi	9810430872	5
6	Manish Singh		Manish	902580836	4
7	Naina Jain		Naina	9711160852	4
8	Binti Dua		Binti	9873426205	5
9	Pooja Kapoor		Pooja	9810570456	5
10	Khushboo Gulati		Khush	7469576023	5
11	Sourmya Singal		Sourmya	9650121052	5
12	Mohit		Mohit	9899531182	5
13	Seema Jain		Seema	9205947111	5
14	Anuradha		Anuradha	9899631182	5
15	Rima		Rima	9205947117	5
16	Renu Jain		Renu	874481660	5
17	Saurabh		Saurabh	9650632842	5
18	Lavanya Aggarwal	BBA	Lavanya	9205695995	5
19	Yash	BBA	Yash	9136857197	5
20	Raghav Sharma	B.com	Raghav	9811570436	5
21	Jagriti Singh	B.com	Jagriti	9818090831	4
22	Pooja Singh	BBA	Pooja	7027180045	4
23	Jaya Singh	B.com	Jaya	9800181385	4
24	Pooja Sharma	B. tech	Pooja	9050108215	5
25	Pooja Dagar	MBA	Pooja	9031273510	5
26	Aman Khera	BBA	Aman	9031230415	5

[Signature]

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K.R. Mangalam University
Sector Road, Gurugram (Haryana)

Puchika

